

AFL Practical Modules

STAGE 1, FOUNDATION - YEARS 1-2



One football
I need more practise



Two footballs
I can do this



Three footballs
I am doing this well

Footy Feats Self Assessment 1

Learning to play AFL requires practising a lot of skills.
What skills do you already have? Circle the ones that fit you best.

Picking up the ball



Bouncing the ball



Kicking the ball



Passing the ball

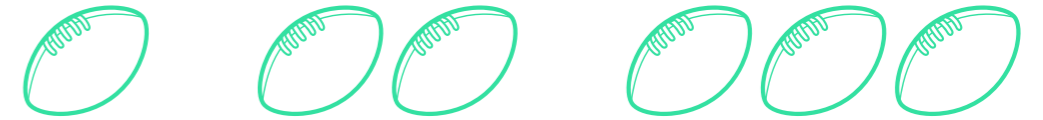


Draw or write - One thing I would like to improve is ...

Footy Feats Self Assessment 2

Learning to play AFL requires practising a lot of skills.
Think back to the skills you have learnt. Circle the ones that fit you best.

Handballing



Marking (catching)
the ball on my chest



Marking (catching)
the ball over my head



Collaborating well
with my peers



Draw or write - One thing I would like to improve is ...